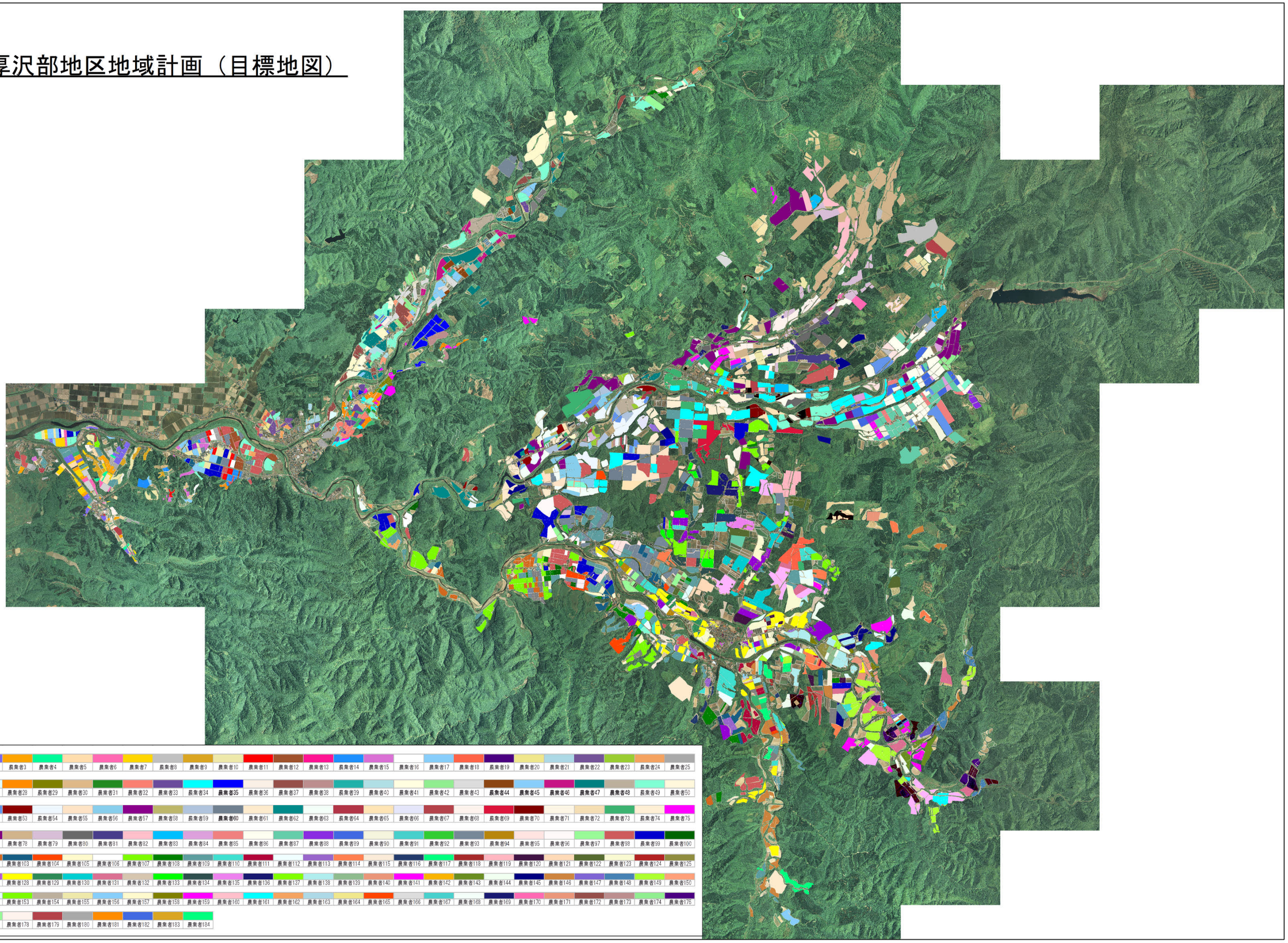厚沢部地区地域計画（目標地図）